

# Xylitol Information

Xylitol has been clinically proven to:

- Fight and Reduce Plaque
- Fight Cavities
- Reduces the secretion of Plaque Acids
- Facilitate the Remineralization of Tooth Enamel
- Fight and lessen the occurrence of Inner Ear and Sinus Infection

Clinical Studies show that Xylitol helps reduce cavities up to 80%. It allows fluoride to more easily penetrate teeth.

Xylitol can be used as a sugar substitute or a small dietary addition. It is available via chewing gum, tablets, breath spray, toothpaste, mouthwash and even candy such as breath mints

After using Xylitol, the bacteria do not adsorb well on the surface of the teeth and the amount of plaque decreases.

Xylitol increases the amount of saliva in the mouth and at the same time it increases saliva's capacity for reducing the harmful effects of bacteria.

## **Xylitol is available at these Locations:**

Toledo – Bassett's Health Food 4315 Heatherdowns (419) 382-4142  
Bassett's Health Food 3550 Executive Pkwy (419) 531-0334  
Claudia's Health Food 3344 Secor Rd. (419) 534-3343  
Vitamin Shop (419-475-1445)  
Perrysburg – Health Yourself 122 West Front St. (419) 874-3355  
Wauseon – Arrowpeak Healing (419-335-6569)